Clinical Trial Design and Biomarker-Based Tumor Classification Systems

Richard Simon, D.Sc. Chief, Biometric Research Branch National Cancer Institute http://linus.nci.nih.gov/brb Simon R. Using DNA microarrays for diagnostic and prognostic prediction. Expert Review of Molecular Diagnostics, 3(5) 587-595, 2003.

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"Biomarkers"

• Surrogate endpoints

 A measurement made on a patient before, during and after treatment to determine whether the treatment is working

- Predictive factors
 - A measurement made before treatment to predict whether a particular treatment is likely to be beneficial

Surrogate Endpoints

- Intermediate endpoints are useful for phase I and phase II studies.
 - They don't need to be "validated" surrogates for this purpose
- It is often more difficult to properly "validate" an endpoint as a surrogate than to use the clinical endpoint in phase III trials

- "One rarely can establish that surrogate endpoints are valid. Even in that rare setting in which data on treatment Z would allow one to view S as a valid surrogate for T, one cannot extrapolate this surrogacy to any new treatment Z* that could have mechanisms of action that differ from those of Z."
 - Fleming TR, Statistical Science 7:428-56, 1992

Partial Surrogate Endpoint

- Improvement of a partial surrogate endpoint is a necessary but not sufficient condition for improvement of the clinical endpoint
- Indicator of when to hold and when to fold
- Partial surrogates can be used for early termination of phase III trials.
 - Interim analysis
 - Terminate accrual if treatment effect on partial surrogate is insufficient
 - Otherwise, continue accrual and follow-up to evaluate the established measure of patient benefit used as the true endpoint.

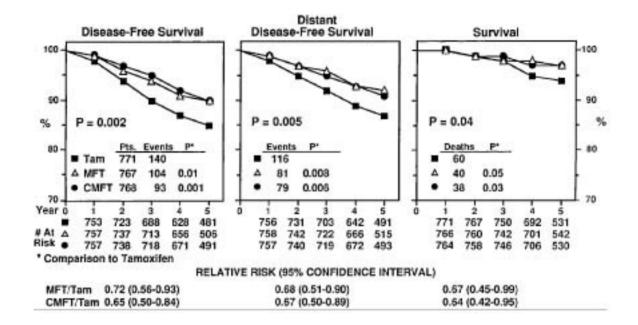
- "I don't know what 'clinical validation' [of a biomarker] means. The first thing you have to do is define a purpose for the biomarker. Validation is all about demonstrating fitness for purpose."
 - Dr. Stephen Williams, Pfizer

Conventional Wisdom

- Clinical trials should have broad eligibility criteria
- Never believe subset analyses
- This approach needs re-examination in era when there is increasing evidence that many diseases are heterogeneous in pathogenesis and sensitivity to treatment

Broad Eligibility May Cause

- Large clinical trials that fail to establish the effectiveness of useful drugs
- Inconsistency in results among different trials
- Post-approval treatment of many patients who don't benefit



- Cancer clinical trials of molecularly targeted agents may benefit a relatively small population of patients with a given primary site/stage of disease
 - Iressa
 - Herceptin
- The benefit for the sensitive subset may be very substantial

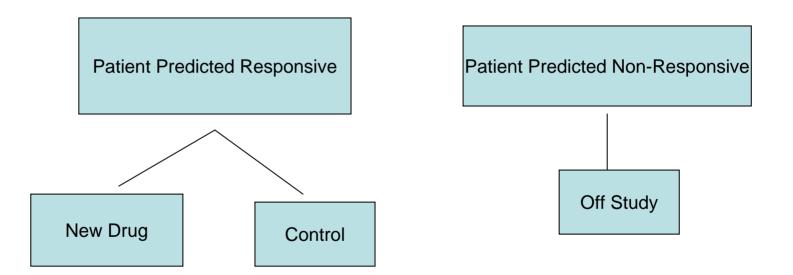
 Targeted clinical trials can be much more efficient than untargeted clinical trials, if we know who to target

- In new drug development, the role of a classifier is to select a target population for treatment
 - The focus should be on evaluating the new drug, not on validating the classifier

Developmental Strategy (I)

- **Develop** a diagnostic classifier that identifies the patients likely to benefit from the new drug
- Develop a reproducible assay for the classifier
- Use the diagnostic to restrict eligibility to a prospectively planned evaluation of the new drug
- Demonstrate that the new drug is effective in the prospectively defined set of patients determined by the diagnostic

Develop Predictor of Response to New Drug



Evaluating the Efficiency of Strategy (I)

- Simon R and Maitnourim A. Evaluating the efficiency of targeted designs for randomized clinical trials. Clinical Cancer Research 10:6759-63, 2004.
- Maitnourim A and Simon R. On the efficiency of targeted clinical trials. Statistics in Medicine 24:329-339, 2005.
- reprints and interactive sample size calculations at http://linus.nci.nih.gov/brb

 Compare the targeted design to the standard untargeted design with regard to the number of patients required to achieve a fixed statistical power for detecting treatment effectiveness and the number of patients needed for screening

Comparison of Targeted to Untargeted Design

Simon R, Development and Validation of Biomarker Classifiers for Treatment Selection, JSPI

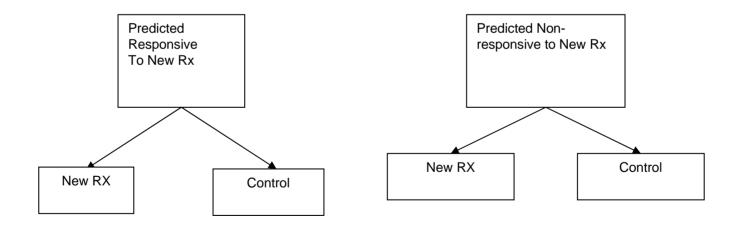
Treatment Hazard Ratio for Marker Positive Patients	Number of Events for Targeted Design	Number of Events for Traditional Design		
		Percent of Patients Marker Positive		
		20%	33%	50%
0.5	74	2040	720	316
0.67	200	5200	1878	820

Randomized Ratio				
n _{untargeted} /n _{targeted}				
λ Assay+	δ ₀=0	δ ₀ = δ ₁ /2		
0.75	1.78	1.31		
0.5	4	1.78		
0.25	16	2.56		

- For Herceptin, even a relatively poor assay enabled conduct of a targeted phase III trial which was crucial for establishing effectiveness
- Recent results with Herceptin in early stage breast cancer show dramatic benefits for patients selected to express Her-2

Developmental Strategy (II)

Develop Predictor of Response to New Rx



Developmental Strategy (II)

- Do not use the diagnostic to restrict eligibility, but to structure a prospective analysis plan.
- Compare the new drug to the control overall for all patients ignoring the classifier.
 - If $p_{overall} \leq 0.04\,$ claim effectiveness for the eligible population as a whole
- Otherwise perform a single subset analysis evaluating the new drug in the classifier + patients
 - If $p_{\text{subset}} \leq 0.01$ claim effectiveness for the classifier + patients.

Key Features of Design (II)

 The purpose of the RCT is to evaluate treatment T vs C overall and for the predefined subset; not to re-evaluate the components of the classifier, or to modify or refine the classifier

Key Features of Design (II)

- Pre-specified analysis plan
- Single pre-defined subset
- Overall study type I error of 0.05 is split between overall test and subset test
- Saying that the study should be "stratified" is not sufficient
 - It doesn't matter whether randomization is stratified except that it helps ensure that all patients have specimens available to assay for classification

The Roadmap

- Develop a completely specified genomic classifier of the patients likely to benefit from a new medical product
- 2. Establish reproducibility of measurement of the classifier
- 3. Use the completely specified classifier to design and analyze a new clinical trial to evaluate effectiveness of the new treatment with a pre-defined analysis plan.



Establish reproducibility of measurement

Establish clinical utility of medical Product with classifier

Guiding Principle

- The data used to develop the classifier must be distinct from the data used to test hypotheses about treatment effect in subsets determined by the classifier
 - Developmental studies are exploratory
 - Studies on which treatment effectiveness claims are to be based should be definitive studies that test a treatment hypothesis in a patient population completely pre-specified by the classifier

Use of Archived Samples

- Archived samples from a conventional nontargeted "negative" clinical trial can be used to develop a binary classifier of a subset thought to benefit from treatment.
- That subset hypothesis should be tested in a separate clinical trial
 - Prospective targeted type (I) trial
 - Prospective type (II) trial
 - Analysis of archived specimens from a second previously conducted clinical trial to identify classifier positive patients

Development of Genomic Classifiers

- Single gene or protein based on knowledge of therapeutic target. or
- Empirically determined based on correlating gene expression or genotype to patient outcome after treatment.
- During phase I/II development. or
- After failed phase III trial using archived specimens

Use of DNA Microarray Expression Profiling

- For settings where you don't know how to identify the patients likely to be responsive to the new treatment based on its mechanism of action
- Only pre-treatment specimens are needed
- Expression profiling should be used to identify informative genes and form a binary classifier that can be used to select patients for study of for a pre-defined subset analysis
 - A set of genes is not a classifier

There Should Be No Requirement For

- Demonstrating that the classifier or any of its components are "validated biomarkers of disease status"
- Demonstrating that repeating the classifier development process on independent data results in the same classifier
- FDA regulation of how DNA microarrays are used for classifier development

- New technology and biological knowledge make it increasingly feasible to identify which patients are most likely to benefit or suffer severe adverse events from a new treatment
- FDA can either expedite or slow effective utilization of this technology
 - Over-regulating classifier development
 - Not providing sponsors with a clear and practical roadmap of what is required
- Targeting treatment can greatly improve the therapeutic ratio of benefit to adverse effects
 - Smaller clinical trials needed
 - Treated patients benefit
 - Economic benefit for society

- Much of the conventional wisdom about how to develop and utilize biomarkers is flawed and does not lead to definitive evidence of treatment benefit for a well defined population
- Some aspects of the guidelines of the FDA on biomarkers are inappropriate for treatment selection biomarkers

- Technology is sufficiently mature today to effectively identify which patients benefit from new treatments and to dramatically improve the efficiency of clinical trials
- What is lacking today is leadership in establishing specific guidelines for the design and analysis of adequate clinical trials that test new treatments in patient populations pre-defined based on completely specified diagnostic classifiers
- Trial designs are available that will support broad labeling indications in cases where drug activity is sufficient, and provide strong evidence of effectiveness for a prospectively defined subset where appropriate

- Prospectively specified analysis plans for phase III data are essential to achieve reliable results
 - Biomarker analysis does not mean exploratory analysis except in developmental studies
 - Biomarker classifiers used in phase III evaluations should be completely specified based on external data
- In some cases, definitive evidence can be achieved from prospective analysis of patients in previously conducted clinical trials with extensive archival of pre-treatment specimens